



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

8th-12th Grade Boys/Girls Advanced Offensive Skills Workout Open to all athletes

Location: STM High School Gym

Cost: \$165 *Online payment can be made at time of registration.*

Athletes will receive Warwick Workout shorts & t-shirt

Weekly Workouts are the foundation to becoming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

Sunday, September 13 th	4:30-6:00pm
Sunday, September 20 th	4:30-6:00pm
Sunday, September 27 th	4:30-6:00pm
Sunday, October 4 th	4:30-6:00pm
Sunday, October 11 th	4:30-6:00pm
Sunday, October 18 th	4:30-6:00pm

Register online at www.warwickworkouts.com

Find your session under the register HERE tab

Contact Kris Warwick or Cody Schilling with questions about workouts

Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or (712)461-2316 Cody

WHERE CHAMPIONS TRAIN.